

MENTAL HEALTH CRISIS NUMBERS IN ALAMEDA COUNTY

Danger to Self or Others or Gravely Disabled: 911

National Suicide and Crisis Lifeline: [Call or Text](#) 988

National Suicide and Crisis Lifeline - Veterans: 988 press 1

National Suicide and Crisis Lifeline - Spanish: 988 press 2

Axis Bridge Mental Health Urgent Care Services

Axis Bridge services are free to residents of Dublin, Livermore and Pleasanton. The program offers services for individuals, families, and anyone who is impacted by mental health concerns ages 5 and up.

Axis Bridge is available Monday through Thursday from 11:00 am to 7:00 pm, and Fridays from 9:00 am to 5:00 pm.

925-568-2080

John George Psychiatric Pavilion

Has crisis telephone and walk-in services 24 hours a day, seven days a week. It is located at 2060 Fairmont Drive in San Leandro.

510-346-1300

Alameda County Residents can call the ACCESS Program

ACCESS stands for Acute Crisis Care and Evaluation for System-wide Services.

800-491-9099

Crisis Support Services/Suicide Prevention is a 24-hour hotline

1-800-309-2131

Santa Rita Jail Mental Health

Mental health services provided to Santa Rita inmates.

925-551-6740

Willow Rock Center

Serves youth ages 12-17 from Alameda County who are in need of acute/crisis mental health services. Willow Rock Centre includes a 23-hour crisis stabilization unit and an acute in-patient psychiatric health facility.

510-895-5502 (24/7)

UCSF Benioff Children's Hospital

Behavioral Emergency Response Team (BERT) provides emergency room evaluations of children with suicidal ideation, behavioral crises, or possible need for a psychiatric hospitalization.

510-428-3240