



NAMI Tri-Valley

General Meeting

Presents



Ask the Doc

Daniel Kostalnick, MD, Psychiatrist
CNS Medical Group

Tuesday, November 11, 2025
7:00 p.m. to 8:30 p.m.

This presentation will be shown on **Zoom only**.
To participate, please access the following link:

<https://tinyurl.com/ntvgeneralmeetings2025>

For more information, contact admin@namitrivalley.org or 925-344-4480

Are you curious about a certain medication? Do you want to know more about a mental health condition? Please join us as NAMI Tri-Valley presents Daniel Kostalnick, MD, Psychiatrist.

Come prepared to ask Dr. Kostalnick your questions. *Please note that Dr. Kostalnick's information is for educational purposes only and is in no way intended to diagnose.*

Dr. Kostalnick is a highly regarded Board Certified Psychiatrist by the American Board of Psychiatry and Neurology with extensive training and expertise in psychopharmacology and psychotherapy. His practice is in Pleasanton and he treats children, adolescents, and adult patients and families.