

SAVE THE DATE!

NAMI Tri-Valley, NAMI Alameda County, Alan Hu Foundation, and
Genesis Community Development Corporation

Present

SUICIDE PREVENTION WORKSHOP

for Parents of Adolescents & Children

An Informative Educational Forum

FEBRUARY 28, 2026

Workshop: 10:00 am to 2:00 pm

THIS FREE WORKSHOP WILL BE CONDUCTED ON ZOOM AND IN-PERSON

REGISTRATION IS REQUIRED

Register on-line at: <https://www.namitrivalley.org/sp-workshop-registrations>

Please Note: For those who prefer meeting in-person, space is limited,

Refreshments provided for in-person participants.

This free workshop is for parents whose child or teen is at risk for suicide. You will learn about:

- Child/Adolescent focus
- Protective Factors
- Focus on suicide risk
- Technology Impacts
- Statistics, facts and basic information
- Parental opportunities
- Cultural aspects
- Self-care

