



NAMI Tri-Valley

General Meeting

Presents



**Neisha Becton, M.A., CEO of
Pathways to Wellness Medication
Clinic**

Navigating the Mental Health System

**Tuesday, October 13, 2026
7:00 p.m. to 8:30 p.m**

**This presentation will be given on Zoom only.
To access this presentation, open the following link:
<https://tinyurl.com/ntvgeneralmeetings2026>**

For more information, contact info@namitrivalley.org or 925-344-4480

Neisha Becton, M.A., CEO of Pathways to Wellness Medication Clinic will talk about navigating the mental health system.

As the co-founder and Executive Leader of Pathways to Wellness, established in 1999, Neisha has been instrumental in providing comprehensive mental health services in the Bay Area. Pathways to Wellness is a Community-Based Organization that offers Psychiatric Evaluation/ Assessments, Medication Management, Therapy, and Case Management.

Her work has earned her numerous awards, including the Outstanding African-American Entrepreneur Award, the Alameda County Mental Health Board Community Service Award, and the National Leadership Award. Neisha is dedicated to raising mental health awareness and advocating for underserved and marginalized communities by enhancing client care and ensuring access to quality services.