

**National Alliance on Mental Illness (NAMI) Tri-Valley
NAMI Alameda County
Keep Hope Alive Collaborative**

Present



SUICIDE PREVENTION WORKSHOP

For Family Caregivers

A Hands-On Informative Educational Forum

Sponsored by



SATURDAY, AUGUST 8, 2026

Workshop: 10:00 a.m. to 2:00 p.m.

THIS FREE WORKSHOP WILL BE GIVEN ON ZOOM AND IN PERSON

Please Note: For those who plan to attend in person, space is limited

REGISTRATION REQUIRED FOR ALL ATTENDEES

Register online at: <https://www.namitrivalley.org/sp-workshop-registrations>

Upon registration, you will receive the Zoom link & address

Refreshments and lunch provided for in-person participants

This workshop is for families who are concerned about their adult loved ones at risk for suicide. You will learn about Self Care, Positive Supports & Protective Factors, Influencing from a Long Distance, Red Flag Laws, and more.

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