



NAMI Tri-Valley

Presents

Psynergy Programs, Inc.

Residential Care for Adults with Serious Chronic Mental Illness



Lynda Kaufmann

VP Development and Public Relations

Jennifer Sanchez

Client Development and Admissions Manager

Tuesday, January 13, 2026
7:00 p.m. to 8:30 p.m.

This presentation will be shown on **Zoom only**.

To participate, please access the following link:
<https://tinyurl.com/ntvgeneralmeetings2026>

For more information, contact admin@namitrivalley.org or 925-344-4480

Lynda Kaufmann is Vice President of Development and Public Relations at Psynergy Programs, Inc., where she champions sustainable housing and clinical services for individuals with severe mental illness. With over 20 years of leadership in behavioral health, she's known for her expertise in government contracts, public affairs, and community development. Her work has earned accolades including a CNN Hero nomination and the San Mateo County Housing Hero Award. Lynda's passion for responsible growth and advocacy drives her collaborations with clients, families, providers, and policymakers across California to expand innovative mental health support systems and housing solutions.

Jennifer Sanchez is a dedicated behavioral health professional with over 18 years of experience in mental health care and leadership. She currently serves as Client Development and Admissions Manager where she oversees referrals, discharges, and staff training. Jennifer is skilled in crisis intervention, case management, and program facilitation, and holds certifications in Pro-Act and CPR. She earned her AA in Psychology from Merced College. Known for her integrity, strong work ethic, and collaborative approach, Jennifer excels in managing complex situations with compassion and professionalism.